

# FEBRUARY 2024

Monday

Tuesday

Wednesday

Thursday

Friday

BBQ Chicken  
Chilli Mac **5**  
Garlic Mashed Potatoes  
Islander Rice  
Corn Combo  
French style Green Beans

Counrty Siyle Fired Sieak  
Mexican Baked Chicken **6**  
Mexican Rice  
Garlic Mashed Poiaio  
Mexican Corn  
Carrois

Pork chops w/Pineapple Glaze  
Beef Siew **7**  
Roasied Pepper Poiaio  
Sieamed Rice  
Collard Greens  
Fried Okra

Swiss Sieak wih Brown Gravy  
Baked Fish **1**  
Rice Lyonnaise  
Mashed Poiaioes  
Broccoli Parmesan  
Carrois on Griddle

Grilled Braiswursi  
Sanie Fe Glazed Chicken **2**  
Buitered Parsley Poiaioes  
Brown Rice w/Tomaioes  
Peas n Carrois  
Green Beans

Parmesan Pork Chop  
Chicken Cordon Bleu **12**  
Mashed Poiaioes  
Sieamed Rice  
Corn  
Peas n Carrois

Bourbon Chicken  
Polynesian Fillei Fish **13**  
Brown Rice  
Poiaio Halves  
Corn on the Combo  
Green Beans

Sieak Ranchero  
Teriyaki Chicken **14**  
Rice Pilaf  
Baked Beans  
Carrois  
Collard Greens

Chicken A La King  
Swiss Sieak w/ Brown Gravy **8**  
Spanish Siyle Beans  
Mashed Poiaios  
Souihern Siyle Collard Greens  
Fried Okra

Chicken Parmesan  
Spagheiii W/Meat Sauce **9**  
Iitalian Siyle Beans  
Oven Brownd Poiaioes  
Souihern Siyle Collard Green  
Carrois on Griddle

Baked Fish  
Cajun Meailoaf **15**  
Islander Rice  
O'Brien poiaio  
Fried Okra  
Green beans

Lemon Pepper Baked Chicken  
Salisbury Sieak **16**  
Brown Rice w/Tomaioes  
Simmered Pinio Beans  
Grilled Asparagus  
Carrois

Bourbon Chicken  
Fish w/Lemon Garlic Buiter **19**  
Brown Rice  
Oven Brownd Poiaioes  
Corn Calico  
Peas N Carrois

Basil Baked Fish  
Chili Mac **20**  
Sieamed Rice  
Mashed poiaio  
Green Beans  
Carrois

Grilled Pork Chops  
Pepper Sieak **21**  
Red Beans & Rice  
Crispy Poiaio Wedges  
Corn  
Peas N Carrois

Chicken Parmesan  
Lasagna **22**  
Red Beans and Rice  
Iitalian Siyle Baked Beans  
Collard Greens  
Broccoli Combo

Coniry Siyle sieak  
Caribbean Chicken **23**  
Corn Bread Dressing  
Glazed Sweet Poiaio  
Corn  
Roasied Cauliflower

Beef Siew  
Cajun Baked Fish **26**  
Sieamed Rice  
Roasied Pepper Poiaioes  
Corn  
Peas N Carrois

Spagheiii w/Meat Sauce  
Mex Baked Chicken **27**  
Rice Pilaf  
Simmered Pinio Beans  
Green Beans w/Mushroom  
Cauliflower

Ginger BBQ Chicken  
Asian Bourbon Beef w/ Veg Over  
Noodles **28**  
Garlic and Soy Roasied Poiaioes  
Sieamed Rice  
Green Bean Sesame Glaze  
Collard Greens

Swiss Sieak w/ Brown Gravy  
Baked Fish **29**  
Red beans & Rice  
Mashed Poiaioes  
Broccoli Parmesan  
Carrois on Griddle



