

May Lunch Menu

LUNCH ENTREES & SIDES

Monday Entrees

- **May 1st 2023**
 - Marinated Tomatoes w/ Penne & Basil (Green, High)
 - Shrimp Stir Fry
 - Bourbon Chicken
- **May 14th 2023**
 - Grilled Honey Sriracha Chicken
 - Chili Mac
 - Shrimp Chop Suey
- **Monday 21st 2023**
 - Baked Chicken
 - Lemon Basil Shrimp
 - Beef Bulgogi
- **Monday 28th 2023**
 - Marinated Tomatoes w/ Penne & Basil
 - Shrimp Stir Fry
 - Bourbon Chicken

Tuesday Entrees

- **May 2nd 2023**
 - Caribbean Catfish
 - Jerk Roast Turkey
 - Stuffed Green Peppers (Beef)
 - Shrimp Chop Suey
- **May 8th 2023**
 - Turkey Lentil Chili
 - Shrimp Jambalaya
 - Southern Fried Chicken
- **May 15th 2023**
 - Turkey Ala King
 - Country Style Fried Steak
 - Baja Baked Cod
- **May 22nd 2023**
 - Creole Fish Fillets
 - Stir Fry Chicken w/ Broccoli
 - Teriyaki Steak
- **May 29th 2023**
 - Caribbean Catfish
 - Jerk Roast Turkey
 - Stuffed Green Peers (Beef)

Wednesday Entrees

- **May 3rd 2023**
 - Baked Fish
 - Meat Loaf
 - Baked Chicken
- **May 9th 2023**
 - Roast Beef
 - Chicken Cordon Blue
 - Pasta Primavera
- **May 16th 2023**
 - Oriental Pepper Steak
 - Chicken Parmesan
 - Baked Fish w/ Lemon Garlic Butter
- **May 23rd 2023**
 - Southwestern Sweet Potatoes Black Beans & Corn
 - Baja Baked Fish
 - Simmered Beef
- **May 30th 2023**
 - Baked Fish
 - Meat Loaf
 - Baked Chicken

Wednesday Sides

- **May 3rd 2023**
 - Baked Fish
 - Meat Loaf
 - Baked Chicken
- **May 9th 2023**
 - Roast Beef
 - Chicken Cordon Blue
 - Pasta Primavera

Monday Sides

- **May 1st 2023**
 - Steamed Rice
 - Roasted Pepper Potatoes
 - Roasted Carrots w/ Rosemary
 - Japanese Stir Fry Vegetables
- **May 14th 2023**
 - Steamed Rice
 - Baked Potato
 - Oriental Stir Fry Cabbage
 - Fried Okra
 - Corn Combo
- **Monday 21st 2023**
 - Sicilian Brown rice w/ Vegetable
 - Garlic Mashed Potatoes
 - Herbed Green Beans
 - Fried Okra Braised Cabbage
- **Monday 28th 2023**
 - Steamed Rice
 - Roasted Pepper Potatoes
 - Roasted Carrots w/ Rosemary
 - Japanese Stir Fry Vegetables
 - Succotash

Tuesday Sides

- **May 2nd 2023**
 - Baked Potato Halves
 - Islander Rice
 - Corn Combo
 - French Style Green Beans
 - Garlic Peas
- **May 8th 2023**
 - Boston Baked Beans
 - Buttered Egg Noodles
 - Carrots
 - Peas w/ Mushrooms and Onions
 - Cauliflower Combo
- **May 15th 2023**
 - Spinach & Tomato Orzo
 - Parmesan Rice
 - Roasted Cauliflower
 - Carrots on the Griddle
 - Mixed Vegetables
- **May 22nd 2023**
 - Lyonnaise Rice
 - Roasted Pepper Potatoes
 - Peas w/ Mushrooms and Onions
 - Roasted Cauliflower
 - French Style Green Beans
- **May 29th 2023**
 - Baked Potato Halves
 - Islander Rice
 - Corn Combo
 - French Style Green Beans
 - Garlic Peas

Wednesday Sides

- **May 16th 2023**
 - Oriental Pepper Steak
 - Chicken Parmesan
 - Baked Fish w/ Lemon Garlic Butter
- **May 23rd 2023**
 - Southwestern Sweet Potatoes Black Bean Corn
 - Baja Baked Fish
 - Simmered Beef
- **May 30th 2023**
 - Baked Fish
 - Meat Loaf
 - Baked Chicken

Thursday Entrees

- **May 4th 2023**
 - Lemon Basil Shrimp Pasta
 - Mambo Pork Roast
 - Grilled Chicken w/ Mustard Sauce
- **May 10th 2023**
 - Chicken Kabob
 - Pepper Steak
 - Tuna Noodles
- **May 17th 2023**
 - Basil Baked Fish
 - Turkey Breast Fillet
 - Pasta Provencal
- **May 24th 2023**
 - Chili Mac
 - Basil Baked Fish
 - Teriyaki Chicken
- **May 31st 2023**
 - Lemon Basil Shrimp Pasta
 - Mambo Pork Roast
 - Grilled Chicken w/ Mustard Sauce

Friday Entrees

- **May 5th 2023**
 - Honey Ginger Chicken
 - Baked Fish
 - BBQ Ribs
- **May 11th 2023**
 - Beef Brogul
 - Pork Schnitzel
 - Fish Onion Lemon Baked
- **May 18th 2023**
 - Spicy Catfish Po'boy
 - Grilled Pork Chops
 - Cajun Meatloaf
- **May 25th 2023**
 - Shrimp Kabob
 - Ginger BBQ Chicken
 - Lemon Basil Pasta

Thursday Sides

- **May 4th 2023**
 - Roasted Red Skin Potatoes
 - Barley Pilaf
 - Sautéed Mushrooms & Onions
 - Grilled Asparagus
 - Broccoli Polonaise
- **May 10th 2023**
 - Steamed Rice
 - Roasted Red Skin Potatoes
 - Braised Cabbage
 - Mexican Corn
 - Sautéed Mushrooms & Onions
- **May 17th 2023**
 - Mashed Potatoes
 - Jefferson Noodles
 - Cauliflower
 - Carrots
 - Broccoli Parmesan
- **May 24th 2023**
 - Rice Pilaf
 - Simmered Pinto Beans
 - Green Beans w/ Mushrooms
 - Oriental Stir Fry Cabbage
 - Cauliflower
- **May 31st**
 - Roasted Red Skin Potatoes
 - Barley Pilaf
 - Sautéed Mushrooms & Onions
 - Grilled Asparagus
 - Broccoli Polonaise

Friday Sides

- **May 5th 2023**
 - Sweet Potatoes Southern Style
 - Spicy Brown Pilaf Rice
 - Southern Style Collard Greens
 - Corn
 - Stewed Tomatoes
- **May 11th 2023**
 - Rice Pilaf
 - Carrots
 - Green Beans w/ Feta
 - Broccoli Polonaise
- **May 18th 2023**
 - Red Beans & Rice
 - Crispy Potato Wedges
 - Corn on the Cob
 - Cajun Style Vegetables
 - Peas w/ Onions
- **May 25th 2023**
 - Garlic & Soy Roasted Potatoes
 - Steamed Rice
 - Green Bean Sesame Glaze
 - Sautéed Mushrooms & Onions
 - Spinach

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Menu

May Dinner Menu



DINNER ENTREES & SIDES

Monday Entrees

- **May 1st 2023**
 - Beef Pot Pie
 - Lemon Baked Fish
 - Herbed Baked Chicken
- **May 14th 2023**
 - Jamaican Chicken
 - Braised Spareribs
 - Salisbury Grilled Salmon
- **Monday 21st 2023**
 - Honey Ginger Chicken
 - Salisbury Steak
 - Cheese Manicotti
- **Monday 28th 2023**
 - Beef Pot Pie
 - Lemon Baked Fish
 - Herbed Baked Chicken

Tuesday Entrees

- **May 2nd 2023**
 - Southwestern Sweet Potatoes Black Beans & Corn
 - Beef Stew
 - Chicken Breast Dijon
- **May 8th 2023**
 - Baked Dijon Pork Chop
 - Chilli Mac
 - Lemon Pepper Catfish
- **May 15th 2023**
 - Swedish Meatballs (Ground Turkey)
 - Polynesian Fillet
 - Savory Baked Chicken
- **May 22nd 2023**
 - Chicken Ala King
 - Baked Fish
 - Pasta Primavera
- **May 29th 2023**
 - Southwestern Sweet Potatoes Black Beans & Corn
 - Beef Stew
 - Chicken Breast Dijon

Wednesday Entrees

- **May 3rd 2023**
 - BBQ Beef Cubes
 - Southwestern Fish
 - Beef Fajitas
- **May 9th 2023**
 - Turkey Nuggets
 - Beef & Corn Pie
 - Bourbon Chicken
- **May 16th 2023**
 - Pork Roast Tenderloin
 - Tuna Noodles
 - Savory Baked Chicken
- **May 23rd 2023**
 - Spaghetti w/ Turkey Meat Sauce
 - Baked Fish w/ Lemon Garlic Butter
 - Herb Baked Chicken
- **May 30th 2023**
 - BBQ Beef Cubes
 - Southwest Fish
 - Beef Fajitas

Wednesday Sides

- **May 3rd 2023**
 - Mexican Rice
 - Refried Beans w/ Cheese
 - Mexican Corn
 - Spinach
- **May 9th 2023**
 - Long Grain & Wild Rice
 - Oven Browned Potatoes
 - Herbed Green Beans
 - Japanese Stir Fry Vegetables
 - Grilled Asparagus

Monday Sides

- **May 1st 2023**
 - Steamed Rice
 - Baked Sweet Potato
 - Cream Style Corn
 - Broccoli Combo
 - Olive - Oil Braised Carrots w/ Warm Spices
- **May 14th 2023**
 - Baked Beans
 - Brown Rice
 - Peas w/ Mushrooms & Onions
 - Green Beans Sesame Glaze
 - Southern Style Collard Greens
- **Monday 21st 2023**
 - Sweet Potatoes Southern Style
 - Boston Baked Beans
 - Cauliflower Au Gratin
 - Collard Greens
 - Scalloped Corn
- **Monday 28th 2023**
 - Baked Sweet Potato
 - Seamed Rice
 - Cream Style Corn
 - Broccoli Combo
 - Olive - Oil Braised Carrots w/ Warm Spices
 - Succotash

Tuesday Sides

- **May 2nd 2023**
 - Rice Pilaf
 - Roasted Pepper Potatoes
 - Asparagus
 - Cauliflower
 - Cream Style Corn
- **May 8th 2023**
 - Simmered Pinto Beans
 - Hopping John Rice
 - Roasted Cauliflower
 - Corn
 - Broccoli
- **May 15th 2023**
 - Rissolle Potatoes
 - Oriental Rice
 - Carrots
 - Broccoli
 - Cauliflower Combo
- **May 22nd 2023**
 - O'Brien Potatoes
 - Quinoa Southwest Pilaf
 - Hacienda Corn & Black Beans
 - Roasted Butternut Squash
 - Stewed Tomatoes
- **May 29th 2023**
 - Rice Pilaf
 - Roasted Pepper Potatoes
 - Asparagus
 - Cauliflower
 - Cream Style Corn

Wednesday Sides

- **May 16th 2023**
 - Long Grain & Wild Rice
 - Glazed Sweet Potatoes
 - Stewed Tomatoes
 - Broccoli Polonaise
 - Corn
- **May 23rd 2023**
 - Long Grain & Wild Rice
 - Buttered Parsley Potatoes
 - Succotash
 - Cauliflower/Parmesan
 - Roasted Carrots w/ Rosemary
- **May 30th 2023**
 - Mexican Rice
 - Refried Beans
 - Peas
 - Mexican Corn
 - Spinach

Thursday Entrees

- **May 4th 2023**
 - Lemon Basil Shrimp Pasta
 - Mambo Pork Roast
 - Grilled Chicken w/ Mustard Sauce
- **May 10th 2023**
 - Chicken Kabob
 - Pepper Steak
 - Tuna Noodles
- **May 17th 2023**
 - Basil Baked Fish
 - Turkey Breast Fillet
 - Pasta Provencal
- **May 24th 2023**
 - Chili Mac
 - Basil Baked Fish
 - Teriyaki Chicken
- **May 31st 2023**
 - Grilled Steak
 - Roast Turkey
 - Mediterranean Salmon

Friday Entrees

- **May 5th 2023**
 - Honey Ginger Chicken
 - Baked Fish
 - BBQ Ribs
- **May 11th 2023**
 - Beef Broguel
 - Pork Schnitzel
 - Fish Onion Lemon Baked
- **May 18th 2023**
 - Spicy Catfish Po'boy
 - Grilled Pork Chops
 - Cajun Meatloaf
- **May 25th 2023**
 - Shrimp Kabob
 - Ginger BBQ Chicken
 - Lemon Basil Pasta

Thursday Sides

- **May 4th 2023**
 - Roasted Pepper Potatoes
 - Brown Rice
 - Braised Cabbage
 - Green Beans w/ Feta
 - Cauliflower Combo
- **May 10th 2023**
 - Brown Rice
 - Cottage Fried Potatoes
 - Peas & Carrots
 - Green Beans w/ Mushrooms
- **May 17th 2023**
 - Steamed Rice
 - Hacienda Potatoes
 - Corn Combo
 - Roasted Butternut Squash
 - Sesame Glazed Green Beans
- **May 24th 2023**
 - Scalloped Potatoes
 - Steamed Rice
 - Broccoli Combo
 - Corn Calico
 - Garlic Sauteed Spinach
- **May 31st 2023**
 - Roasted Pepper Potatoes
 - Brown Rice
 - Braised Cabbage
 - Green Beans w/ Feta
 - Cauliflower Combo

Friday Entrees

- **May 5th 2023**
 - Steamed Rice
 - Baked Sweet Potato
 - Fried Okra
 - Carrots
 - Corn Combo
- **May 11th 2023**
 - Lyonnaise Potatoes
 - Steamed Rice
 - Roasted Brussel Sprouts
 - Hacienda Corn & Black Beans
 - French Style Peas
- **May 18th 2023**
 - Dirty Rice
 - Roasted Pepper Potato
 - Carrots on the Griddle
 - Okra Melange
 - Green Beans w/ Feta
- **May 25th 2023**
 - Brown Rice
 - Potatoes & Herbs
 - Curried Cauliflower
 - Stewed Tomatoes
 - Grilled Asparagus

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